

Okaigan Karate Dojo

WRITTEN EXAM FOR RED BELTS

This exam is due on or before the test date. This is considered to be the first part of your exam.

You need 100% on this exam in order to take the physical portion of the exam.

Please type your answers on a separate page.

No Spelling errors or unanswered questions.

NAME: _____

DATE: _____

AGE: _____

- Attach a copy of the Red Belt Exam to this Exam. Highlight or Initial each item that you have learned ALL requirements that are on this exam and that you understand how to perform them all.
- Your service hours should be turned in along with this exam (typed) on a full sheet of paper.

What are the THREE "K's" of Karate and list them in order of importance.

Which of the three K's is most important to you and why?

Prior to your physical exam have you practiced bunkai for all of your kata's?

How many shiko dachi's are there in Tekki Shodan?

If a student performs Tekki Shodan and their feet/toes in their straddle stance are pointing diagonal should the student pass or retest for their exam?

What is the Japanese name of "returning wave kick"

Where does the returning wave kick begin and end?

What does Tekki Mean?

Is Tekki a Shorin or Shorei Kata?

What are some important aspects of Tekki?

What is the Embusen of Tekki ?

What is the Japanese name for a back of the hand block ?

What is the Japanese name for Wedge Block ?

What is the Japanese name of the 2nd move in Heian Godan?

Do all Shotokan Kata Begin and end in the same spot? _____ If no, explain why? (use back of test)

What is the Japanese name for the part of the fist we hit with?

In Ippon kumite how many counters are there?

- Can we block in reverse form?
- What way do our shoulders or hip face as we perform our counter attack?
- What is Sundome? and when do we use it?