

Okaigan Karate Dojo

WRITTEN EXAM FOR 1st BROWN/3rd KYU

This exam is due on or before the test date. This is considered to be the first part of your exam. You need 100% on this exam in order to take the physical portion of the exam. **Type written only/Type out questions then provide answer.** No Spelling errors or unanswered questions. The dojo website has most answers and some answers are written on paper and are on the dojo walls. You may ask a brown or black belt for help, but write name of brown/black next to the answer they helped you with.

DO NOT USE GOOGLE FOR ANSWERS

FIRST AND LAST NAME: _____

DATE TURNED IN: _____ **DATE OF EXAM** _____

AGE: _____ **NOTE: YOU CANNOT TAKE PHYSICAL TEST UNTIL THIS IS TURNED IN 100%**

AMOUNT OF TIME (months) BETWEEN RED BELT EXAM AND BROWN BELT EXAM _____

Attach a copy of the Brown Belt Exam to this Exam. Highlight or Initial each item that you have learned ALL requirements that are on the physical portion of the exam and that you understand how to perform them all.

Your service hours and seminars should be turned in along with this exam. An example service hour/seminar/tournament sheet is available at the front desk.

CITE YOUR SOURCES FOR ALL ANSWERS

Answers should be detailed, especially for questions #7, 9, 10, 11, 12, 14, one word response not appropriate.

1. What does Taikyoku mean?
2. What does Heian mean?
3. What does Tekki mean?
4. What does Bassai-Dai mean?
5. How does Bassai-Dai gets its name?
6. Is Bassai-Dai a Shorin or Shorei Kata?
7. What are the important aspects of Bassai-Dai?
8. Does Bassai-Dai have a "sister" kata? If yes, what is the name?
9. Why do we step back when we do "Hidari Zenkutsu Dachi Gedan Barai"?
10. Why do we bow before we step on the tatami floor?
11. Why do we bow entering and leaving the dojo?
12. What is Kata? and Why do we perform it?
13. What is the name of the punches towards end of kata after kidney strike?
14. When do you use karate outside of the dojo?
15. Explain how you have prepared for your brown belts exam, please be detailed in your responses.
16. Give a brief history of the kata: Bassai Dai (cite your source(s))

PERMISSION TO TAKE PHYSICAL EXAM

Which two adult black belts recommend you to take the Brown Belt exam. This does not mean which Black belt gave you comments. This literally means which two black belts said, "YES" you should take the next exam.

1. Name _____ Date _____ 2. Name _____ Date _____

MISC.

3 months prior to your exam you should request a PRE-TEST, so you know what to work on

FAILING AN EXAM: If you fail your exam, you will not need to redo your Service Hours, Seminars, or Tournaments, **BUT** you will need to get feedback/comments from Sensei and then repeat this step before you test again:

PERMISSION TO TAKE PHYSICAL EXAM

Which two adult black belts recommend you to take the Brown Belt exam. This does not mean which Black belt gave you comments. This literally means which two black belts said, "YES" you should take the next exam.

1. Name _____ Date _____ 2. Name _____ Date _____