

Okaigan Karate Dojo

WRITTEN EXAM FOR RED BELTS

This exam is due on or before the test date. This is considered to be the first part of your exam. You need 100% on this exam in order to take the physical portion of the exam. **Type written only/Type out questions then provide answer.** No Spelling errors or unanswered questions. The dojo website has most answers and some answers are written on paper and are on the dojo walls. You may ask a brown or black belt for help, but write name of brown/black next to the answer they helped you with.

DO NOT USE GOOGLE FOR ANSWERS

FIRST AND LAST NAME: _____

DATE TURNED IN: _____ **DATE OF EXAM** _____

AGE: _____ **NOTE: YOU CANNOT TAKE PHYSICAL TEST UNTIL THIS IS TURNED IN 100%**

Attach a copy of the Purple Belt Exam to this Exam. Highlight or Initial each item that you have learned ALL requirements that are on the physical portion of the exam and that you understand how to perform them all.

Your service hours and seminars should be turned in along with this exam. An example service hour/seminar/tournament sheet is available at the front desk.

1. What are the THREE “K’s” of Karate and list them in order of importance.
2. Which of the three K’s is most important to you and why?
3. Prior to your physical exam have you practiced bunkai for all of your kata’s?
4. How many shiko dachi’s are there in Tekki Shodan?
6. If a student performs Tekki Shodan and their feet/toes in their straddle stance are pointing diagonal should the student pass or retest for their exam?
7. What is the Japanese name of “returning wave kick”
8. Where does the returning wave kick begin and end?
9. What does Tekki Mean?
10. Is Tekki a Shorin or Shorei Kata?
11. What are some important aspects of Tekki?
12. What is the Embusen of Tekki ?
13. What is the Japanese name for a back of the hand block ?
14. What is the Japanese name for Wedge Block ?
15. What is the Japanese name of the 2nd move in Heian Godan?
16. Do all Shotokan Kata Begin and end in the same spot? _____ If no, explain why?
17. What is the Japanese name for the part of the fist we hit with?
18. In Ippon kumite how many counters are there?
 - 18A. Can we block in reverse form?
 - 18B. What way do our shoulders or hip face as we perform our counter attack?
19. What is Sundome? and when do we use it?